

# We're in Full Bloom

## Alaska WIC Spring Training 2009

Come learn how VENA, Participant-Centered Nutrition Education, and the New WIC Food Packages are coming into full bloom in Alaska WIC! Learn how these initiatives can be used to enhance the services and education you provide to WIC participants.

### **Wednesday, April 29**

#### **Participant-Centered Education**

Loren Bell  
Altarum

**9:00 AM – 4:30 PM**

Learn about the progress of the Western Region Participant-Centered Education project and how Alaska WIC is working toward participant-centered approaches to nutrition education.

### **Thursday, April 30**

#### **Nutrition Care Plans**

University of Alaska Anchorage

**9:00 AM – 12:00 PM**

Participate in the developmental stages of revising the Alaska WIC Nutrition Care Plans. Examine how the care plans can be used to facilitate a participant centered approach in both rural and urban settings. Bring your thoughts and ideas!

#### **State Agency Updates**

State of Alaska WIC Program Staff

**1:30-3:00 PM**

Get updated on the State's progress toward implementation of VENA, the new WIC food packages, and Participant-Centered Education.

### **Friday, May 1**

#### **New WIC Food Packages**

University of Alaska Anchorage

**9:00 AM – 3:00 PM**

Share ideas for using the new WIC Food Packages as an education tool. Learn about resources available to use when planning education in your clinics.

